

Annual Report

Greg Wallace, Director of Athletics and Recreation

June 2008

The Year in Review

The 2007-2008 school year was a very successful one for Grinnell College athletics. We saw our teams and student-athletes accomplish great things on the field, on the court, on the track, and in the pool.

We crowned six conference champions including the women's and the men's cross country teams, the women's and the men's tennis teams, and the women's and the men's swimming and diving teams. A total of 56 individual conference champions from cross country, track, swimming and diving and tennis were named during the year.

Two of our teams qualified for national championship competition, those teams were our women's and our men's tennis squads. Four student-athletes (3 women and 1 man) were either provisional or qualifiers for the national championship in women's cross country, women's track, and men's swimming.

Our men's basketball team had two men lead the nation in three separate basketball statistics; one in assists per game and the other in points per game and three-pointers per game. In addition the men's basketball team led the nation again in scoring, three-pointers per game and steals.

Several athletes received recognition beyond the conference level this year: Two women were selected Division III All American in women's cross country and eight additional athletes were selected as all-region performers.

Grinnell College had a very strong finish in the Midwest Conference All-Sports Championship Race. Points are awarded based upon each team's finish in the Midwest Conference. Our women finished 4th and our men finished 2nd. 110 Grinnell College student-athletes were named to the all-conference teams.

Our coaches and staff take great pride in the fact that our student-athletes are students first and athletes second. It is most gratifying that our athletes can accomplish so much in athletic competition, and also be some of our best students in the classroom. Again this year Grinnell College led the Midwest Conference in the number of individuals selected as academic all conference. Our 153 selections for academic all conference were a conference high. The breakdown by seasons included 61 in the fall, 51 in the winter and 41 in the spring.

Six of our teams were given academic All American recognition by their national associations; they included both the women's and the men's soccer teams, both the

women's and the men's swimming teams, and both the women's and the men's cross country teams. We had three athletes recognized as Academic All American in women's cross country and we had two of our athletes recognized as academic all-region.

Intramurals
Tim Hammond
Director of Intramurals and Club Sports

2007-2008 Intramural Sports End of the Year Report

In the academic year 2007-08 there were 9 intramural sports offered including racquetball, flag football, soccer, 16-inch softball, dodge ball, indoor soccer, sand volleyball and basketball. This allowed for over 750 participants who signed up. This number does not include those who simply showed up to play without signing up or served as a substitute. On the other hand, there are people who participate in multiple intramural sports, but I think that the students who have not signed up and the lower end numbers can safely be used as the number of total individuals who participated.

Additions to the intramural sports program are dependent on student interest and feedback that I receive, as well as what I think may be lacking in the program. For instance, in the coming year I have planned less vigorous activities such as foosball, croquet, table tennis and billiards. My thoughts are that individuals who may have not participated in team sports that are extremely active may find these events interesting. A returning event will be a 3v3 soccer tournament. Soccer is a very popular sport at Grinnell. Some students would like large team tournaments to be occurring at all times during the year; this is difficult because of space. The other problem is that this year there seemed to be some saturation of team sports and specifically soccer. Offering a tournament may give people reason to practice on their own with a goal, fulfilling their craving for soccer, while allowing for more time in the schedule. The final addition is an Indoor Rowing race. I want this to be a cardiovascular event that will give people something to train for, as well as a new experience that many may not be familiar with. I am currently working with concept 2 rowing to organize this and they may be offering prizes for the event.

I have designed a schedule for the intramural sports that will be available to students when they return in the fall. It reflects the changes in the schedule from what seems has been the typical schedule. I have attempted to schedule those sports that can be played indoors at times when weather may not be as favorable, and vice a versa with those sports that can be played outdoors.

According to the articles in the Scarlet & Black and comments that have been made to me, students have seemed to be pleased with how the intramural program was conducted this year. I have not been completely satisfied in the performance of my student directors, but over all it has gone well. As I become more familiar and have a greater presence on campus I am sure I will be able to find the best student workers I can. Currently, it seems I must take what I can get. To help the student directors I have developed a check off sheet for them during preparation and execution of the sport for which they are director. Only a few staff and faculty have expressed difficulty in participating in intramural sports. I plan to avert this problem by directing advertising

more specifically to them. Also, the schedule brochure I have designed will help them get a long term heads up of when a sport will be taking place.

2007-2008 Club Sports End of the Year Report

In the academic year 2007-08 there were approximately 32 club sports. It is difficult for me to get the most accurate lists from the Student Government Association. In these 32 clubs there were an estimated 570 participants.

Additions to the club sports are dependent on student interest and initiative; as far as I am aware new club sports this year included Yoga, Croquet and Badminton.

My communication with the club sports programs is highly dependent on the Student Government Association keeping the club sports list up to date and referring new additions to me.

I am not fully aware of the actions of the preceding Director of Club Sports, but I believe that the addition of meetings regarding scheduling has probably helped lessen confusion about reservation of space.

David Zeiss
Director of GORP

Grinnell Outdoor Recreation Program

Well over 100 different people or about 10% of the campus took advantage of GORP this year:

A quick estimate of total user-days would be about 1,700 user-days, probably about 2,000 if one includes equipment check outs.

Some stats:

Equipment room:

The number of first semester checkouts was 88, of which 26 were for fall break. There were 60 checkouts for the second semester. Note that most check outs are for more than one person and for multiple items.

Total checkouts: 148
(About 250 user-days)

General activities including climbing

6 kayak
3 CPR
2 First Aid
8 climb 1
8 climb 2
2 Wilderness First Aid
1 canoe trip
2 horse trips
1 caving
1 navigation
1 canoe skills/review
1 equipment training
1 Safety training
140 open climbs

177 general activities
(At an average of 6 participants per activity, this is over 1,000 activity days)

PE Classes

CPR 1
CPR 2
Climbing 1
Climbing 2
Sailing
First Aid
Kayaking

7 classes for 45 offerings.
(About 315 activity days)

GOOP: This program was part of the NSO Program. This is the third year of this program that takes incoming first year students to the north woods of Wisconsin for an outdoor experience prior to new student orientation on campus.

35 new students and leaders took part in an 8 day outdoor experience. This experience featured 5 separate trips of 5 days each.

5 trips at 5 days equals 25 activity days, not including training and transportation.

(280 user-days)

Physical Education Classes

We had 534 students enrolled in 49 physical education classes during the 2007-08 academic year; 201 students were enrolled during the fall semester and 333 students were enrolled in the spring semester. These numbers do not reflect the number of student-athletes that were enrolled in class for credit in a varsity sport. Based upon recommendations from the external review of physical education and athletics in the spring of 2007, we are adding additional activity and aerobic classes for the 2008-2009 academic year.

Class Offerings and Enrollment

2007/FA	7	PHE-100-01	Aerobics
2007/FA	14	PHE-100-04	Basketball Skills
2007/FA	0	PHE-100-05	Bowling
2007/FA	17	PHE-100-07	Conditioning
2007/FA	0	PHE-100-16	Lifeguard Training
2007/FA	3	PHE-100-17	Advanced Racquetball
2007/FA	14	PHE-100-18	Beginning Racquetball
2007/FA	7	PHE-100-19	Rock Climbing
2007/FA	8	PHE-100-20	Sailing
2007/FA	13	PHE-100-22	Swimming Technique
2007/FA	11	PHE-100-24	Beginning Swimming
2007/FA	11	PHE-100-25	Advanced Tennis
2007/FA	18	PHE-100-26	Beginning Tennis
2007/FA	4	PHE-100-28	Water Aerobics
2007/FA	24	PHE-110-01	Wellness Dynamics
2007/FA	18	PHE-200-01	Org & Adm of Athletic
2007/FA	4	PHE-201-03	Sport Theory: Volleyball
2007/FA	9	PHE-201-09	Sport Theory: Track & Field
2007/FA	19	PHE-202-01	Coaching Methods

2008/SP	23	PHE-100-01	Aerobics
2008/SP	9	PHE-100-05	Bowling
2008/SP	18	PHE-100-07	Conditioning
2008/SP	27	PHE-100-08	Conditioning
2008/SP	6	PHE-100-09	Conditioning/Cardio Strength
2008/SP	3	PHE-100-10	Adult CPR
2008/SP	10	PHE-100-11	Standard 1st Aid
2008/SP	29	PHE-100-12	Football Skills
2008/SP	8	PHE-100-13	Golf
2008/SP	6	PHE-100-14	Golf
2008/SP	5	PHE-100-15	Kayaking
2008/SP	3	PHE-100-16	Lifeguard Training
2008/SP	3	PHE-100-17	Advanced Racquetball
2008/SP	10	PHE-100-18	Beginning Racquetball
2008/SP	6	PHE-100-19	Rock Climbing
2008/SP	18	PHE-100-21	Indoor Soccer
2008/SP	15	PHE-100-23	Adv Swimming
2008/SP	8	PHE-100-24	Beginning Swimming
2008/SP	8	PHE-100-25	Advanced Tennis
2008/SP	13	PHE-100-26	Beginning Tennis
2008/SP	14	PHE-100-27	Triathlon Training
2008/SP	0	PHE-100-28	Water Aerobics
2008/SP	15	PHE-100-32	Volleyball
2008/SP	0	PHE-100-33	Rock Climbing
2008/SP	6	PHE-100-34	Standard 1st Aid
2008/SP	0	PHE-112-01	Outdoor Leadership
2008/SP	5	PHE-201-01	Sport Theory: Golf

2008/SP	5	PHE-201-06	Sport Theory: Baseball
2008/SP	0	PHE-201-10	Sport Theory: Tennis
2008/SP	16	PHE-202-01	Coaching Methods
2008/SP	12	PHE-211-01	Fnd of Athletic Trng
2008/SP	2	PHE-215-01	Phys Educ Elem Mthds
2008/SP	25	PHE-235-01	Psych Fnds of Sport
2008/SP	4	PHE-295-01	SpTp: Lifegrnd Inst Trng
2008/SP	1	PHE-397-01	IP: Athletes/Nutrition/Society

New Directions

When classes begin in the fall of 2008, the physical education department will have several new classes added to the curriculum; we will introduce floor hockey for the first time and bring back badminton. We will also introduce new versions of our conditioning class in order to meet the requests of our students; the new versions will be Power Walking, Advanced Weight Lifting, and Beginning Weight Lifting to enhance our standard Conditioning class.

Faculty and Staff Changes

Max Hawsey, football offensive coordinator at Colorado College was named head football coach in January 2008 and assumed duties, as such, with the beginning of spring term 2008. Kate Gluckman, assistant women's basketball coach at Tufts University was named head women's basketball coach in March 2008 and will assume duties in August 2008. Kelly Rose, assistant athletic trainer, resigned her position in April 2008.

Phase II Building Project

The end of the 2007-2008 academic year brought the beginning of construction of Phase II of the athletic center. Ground was broken in late spring with an anticipated completion in the fall of 2010. The first part of the construction will be to complete the link between the Darby Gym and the natatorium. The construction of the underground link will be completed before the fall semester begins to allow the football team and opponents access to the game field on Saturdays.

Wellness Coordinator Position

Grinnell College will begin a new era in the area of wellness on campus this fall. The college will hire a wellness coordinator to oversee the campus wellness program for students, faculty, and staff. This will be an exciting period for our campus, as we look to continue to create a healthy lifestyle for our entire campus community.

External Review Response

Following the external review of physical education and athletics in the spring of 2007, the department has addressed several concerns that were identified in the review.

1. We will begin to address the need for more aerobic-related classes for our students.
2. We will address the need for more full-time assistant coaches for athletics.
3. We will research ways to stabilize our football program for the future.
4. We will continue to focus on campus wellness.